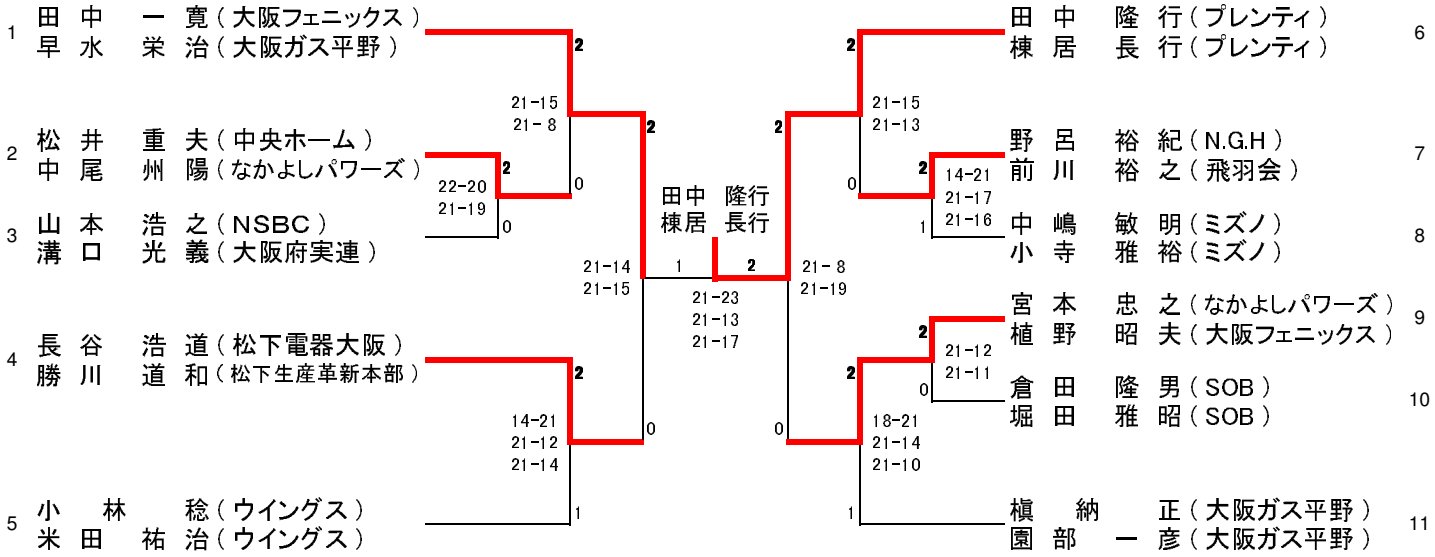40歳以上男子複（40MD）